



# BC CUP DH#1 May 28-29, 2016 Regulations And Information



## **BC CUP DOWNHILL AND CROSS COUNTRY SERIES:**

**Eligible participants:** those vying for Champion title must hold a valid UCI/CCA Mountain Bike race licence. (citizen licence, one-event & associate members are not eligible). All age categories including Pro/Elite will have a BC Cup Champion awarded.

**Recognition:** after each race weekend, points will be tallied by the following Wednesday and Series leaders will be announced in the E-Newsletter and on the Cycling BC website. The Champion in each category will be presented with a symbolic award during the Annual Cycling BC Awards Night. (Award presentations at the individual races will be for that specific race, not the Series).

**Points:** points will be allocated based on a 200 point scale system with all UCI licence holders eligible. Points are placed on finish. Points are only available to those that hold a UCI Licence, and race in their respective age category.

**Online Registration:** Register online at CCNBikes.com. Online registration closes Wednesday, May 25. Note that on-site registration will cost \$10 more per category, cash only - no exceptions.

## **BC CUP DH PRIZES (and Cash Purse for Pro/Elite License Holders):**

First, Second and Third in each category will be recognized on the podium and will receive a commemorative Race The Ranch Boot Mug. In addition, the winner of each class will receive the Race The Ranch Belt Buckle.

**DH Pro/Elite categories** will be vying for the individual race cash purse. The cash purse will be:

- 10 or more riders entered: 1<sup>st</sup>=\$300, 2<sup>nd</sup>=\$240, 3<sup>rd</sup>=\$120, 4<sup>th</sup>=\$90, 5<sup>th</sup>=\$60
- Fewer than 10 riders entered: 1<sup>st</sup>=\$180, 2<sup>nd</sup>=\$120, 3<sup>rd</sup>=\$60

## **GENERAL INFORMATION:**

- Plates may be kept and do not have to be returned after the race. Do NOT cut or alter the plates in any way.
- In case of emergency First Aid is located at the start/finish area. If assistance is needed on the course notify a marshal who will radio for first aid. Kamloops Fire and Rescue are experienced in responding to this area and are located only blocks away. First aid, officials or organizers can call 911 for KFD assistance if required.
- Royal Inland Hospital is a full service regional facility located only 3 km away at 300 Columbia Street.

## **Registration Policy:**

Payment must accompany the registration, or entry will not be processed.

## **Refund policy:**

No refunds once a rider has ridden on the course, even in the case of injury or mechanical problem. \$5 administration fee charged for early refunds.

## **Required at Package Pickup:**

During package pickup all riders will be asked to fill out a form listing medical information, emergency contact information and sign a waiver. Underage riders will require a parent or guardian signature. Licensed riders will be required to present UCI license and picture ID.

## **Non-Licensed Riders Rule:**

Riders that do not have either a 2016 UCI License or a BC Citizen License must purchase a one event membership (either a \$5 for U17 or \$10 for 17+).

## **Foreign Riders Rule:**

UCI-International licensed riders can register in any event in the category listed on their license. US Residents holding either a UCI International license or a US State (domestic) license are now able to purchase one-events at \$12 but must sign a declaration that adequate out of country travel insurance has been obtained.

## **DH Shuttles:**

DH Shuttles will be provided on both days (cost of shuttle is included in DH entry fee)

## **Schedule:**

### **Friday:**

DH Course closed for maintenance – walking inspection only  
4:00pm to 7:00pm – DH New Registration and Pre-Registered Package Pickup

### **Saturday:**

9:00am to 10:00am – Pre-Registered package pickup only  
10:00am to 4:00pm – DH New Registration & Pre-Registered Package Pickup  
10:00am to 3:00pm – DH Course open for training, with shuttles  
3:00pm to 3:20pm – DH Course training for Women Only (no Elites or Jr. X)  
3:30pm to 4:30pm – Elite and Junior Ex. Timed Seeding Runs

### **Sunday:**

9:00am to 10:00am – Pre-Registered Package Pickup (no new reg.)  
9:00am to 11:00am – Last Chance DH Riders Pre-runs  
11:00am to 11:30am – DH Course closed for maintenance  
11:30am to 4:00pm – DH Racing  
4:30pm – (or asap after last rider) DH Awards

NB: After the Timed Seeding Runs on Saturday all racers in those categories will be seeded from slowest to fastest, with the fastest starting last.

### DH MANDATORY RUNS:

Racers must complete two mandatory runs to ensure they are familiar with the course for safety reasons. It is not necessary that the two runs are completed on race day – runs on training day count.

### SHUTTLES:

Note that the shuttle road is a public road and all traffic rules apply. While we cannot stop individual shuttles we do not encourage it – a shuttle bus and trailer is provided. If you do shuttle remember that police will be monitoring the hill and all violations such as riding in the back of a pickup will probably be ticketed. Remember that the shuttle road is access to a residential neighbourhood and public goodwill is essential to keep the bike park operating.

**PARKING:** There will be DAYTIME parking available in the arena parking, and we encourage you to use this parking lot. **NO EVENING PARKING WILL BE ALLOWED IN THE ARENA PARKING LOT ON SATURDAY EVENING AS THE ARENA IS BOOKED FOR A LARGE EVENT. THE PARKING LOT NEEDS TO BE CLEARED BY 5:00M.** Please allow as much parking space for others as possible –don't spread out or set up tents in the parking lot area. There are areas opened up in the Bike Park for tents and such as well as day parking. There is an additional parking lot at the top of the hill near the DH start (at the BMX track and the tennis courts) that can be used on Saturday for overflow and overnight parking. We will be opening an area within the bike park for teams and mechanics. Note that the access road into the bike park is narrow and will be shared with riders. Vehicle traffic in and out of the park during the day will be discouraged. We will be gravelling this access road before the race for dust control. If you park within the bike park please expect to leave your vehicle in there for the day. New road work and curbing has made it impossible to park anywhere on Highland Drive, please use the designated parking lots. Finally, there will be areas marked for our Shuttle pickup and drop-off locations. There will be absolutely no individual parking or stopping permitted in these areas as a quick shuttle turnaround is important to keep our DH riders going back up the hill. **PLEASE BE RESPECTFUL OF ARENA USERS AND RESIDENTS USING THE PARKING AREAS AND ROADS.**

### COURSE SIGNAGE AND TAPING:

Mountain bike race course marking consists of a mixture of signs and taping to indicate the correct course and warn of any dangers or obstacles. It is not required or feasible to have both sides of the entire course taped.

**Course tape:** is used to define edges of the course and ensure that riders travel around the extremities of the course. It is also used keep spectators and traffic off the course and in some cases is used to hold the riders back from dangerous areas. If there are sections of the course that are not taped the rider may stray off the intended course but **MUST** re-enter at the next section of course that is taped on both sides. For example, if there is tape on both sides of the course on the corners of a switchback area and none in the straight sections between the corners the rider must travel through from one section of taped course to the other. Consider the sections of tape on both sides of the course as "gates" that you must go through. The racer cannot bypass the corners simply because the straight sections are not taped. Tape on only one side of the course is also used as an extension of a double taped section to ensure that a rider travels around the extremities of the course. For example, a rider may enter the start of a long sweeping corner through a taped "gate" and then the tape may continue only along the length of the inside of the corner to prevent shortcuts. If a rider goes off course in a taped section he or she must re-enter the course at the same location that the tape was broken through.

**Course signs:** will generally be placed on the right side of the course and are intended to keep the racer on course by pointing out the direction of travel or to warn of obstacles or danger.

- Single arrows pointing up indicate the course continues on ahead.
- Single arrows pointing either left or right indicate a sharp turn or a path to take at a junction.
- Single arrows down indicate an area that requires caution
- Double arrows down indicate an area of moderate difficulty
- Triple arrows down indicate an area of extreme difficulty
- Bypass routes around the most difficult obstacles will be indicated by arrows pointing to the "Hard" and the "Easy" routes – rider's choice.
- Triple wavy lines indicate a water crossing
- Parallel lines indicate a bridge crossing
- An X indicates a wrong direction

